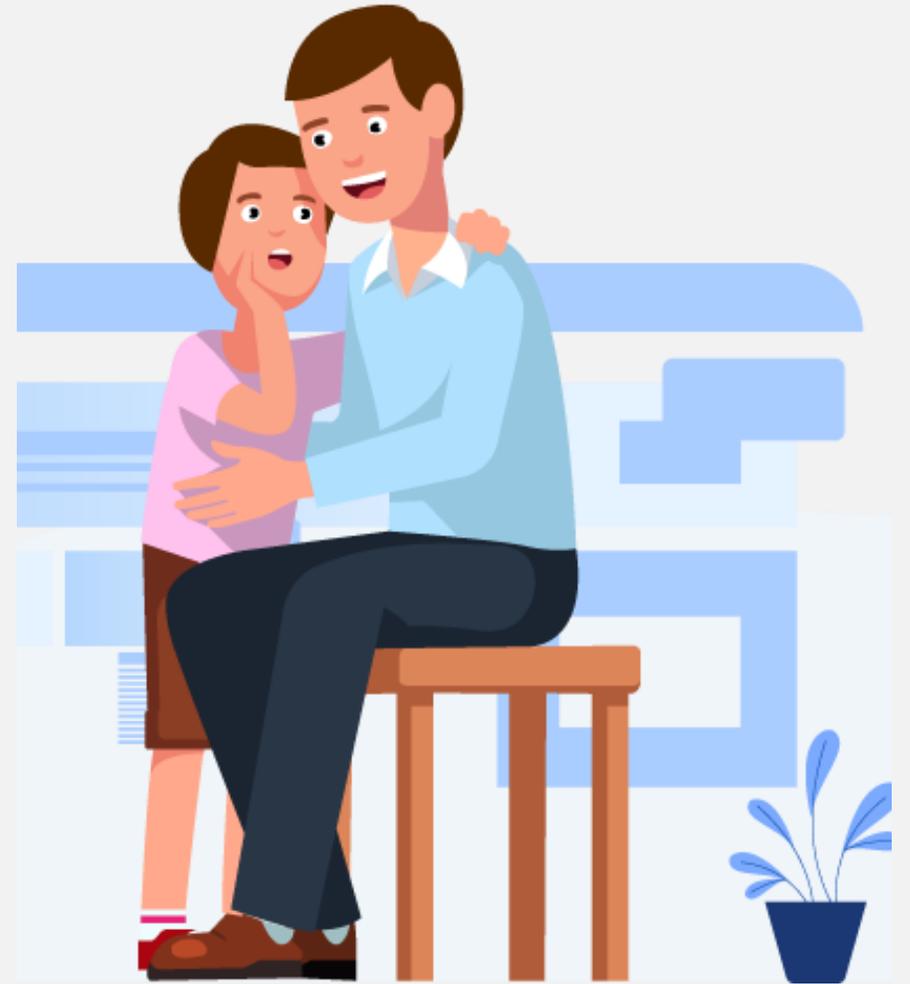


TALKING ABOUT 'THE TALK'

Thoughts On Preparing Your Child for
Adolescence

GETTING STARTED

HAVE YOU THOUGHT
ABOUT HAVING 'THE
TALK'?



WHEN IN THE RIGHT
TIME TO HAVE 'THE
TALK'?



BE PROACTIVE

- Don't wait to understand and communicate the changes that will be happening in your child's body and life.
- It's good to prepare your children for the new things that will soon be happening in their lives.
- Your kids will get this information from somewhere; it's best if it's from you.
- The earlier you start, the more likely they'll be to trust you in talking about the new things going on in their lives.

THE IMPORTANCE

- We live in a very sexual society.
 - Your kids can't help but be influenced by the sexual images & commentary they see on ads, TV, the radio, magazines, at school, & just about anywhere they go.
 - 'The World' gives off the wrong message about sex & puberty.
 - If you aren't proactive in teaching them the right message, the likelihood that they'll develop distorted views rises.

TOPICS TO ADDRESS

- Puberty
- Peer Pressure
- Pornography
- Drugs
- Masturbation
- Body Image
- Dating
- Sex (including experimentation)
- Homosexuality
- Sexting

SOME TIPS

- It's likely going to be difficult & awkward, but it's also very important.
- Don't freak out. Instead, be stable, consistent, and full of love.
- Let your kids know that you've been in their shoes.
 - And that you want to walk with them through this big change in life.
- Plan it out, and be honest with your kids up front.
- Fathers talk to sons & Mothers talk to daughters.
 - It doesn't have to be this way, but it's often helpful.

DO YOU HAVE
QUESTIONS OR
APPREHENSIONS
ABOUT HAVING 'THE
TALK'?



WORLDVIEWS

WHAT'S A
WORLDVIEW?



'THE WORLD'S' VIEW

- 'The World' views sex and puberty very different than Christians.
- Since 'The World's' view is based solely on science, it can tell us the 'what' but not the 'why'.
- Puberty and sex are simply biological functions – we are merely 'animals.' There's no meaning or purpose to self or sex.

THE CHRISTIAN'S VIEW

- Christians understand sex and puberty in light of what God reveals to us in the Scriptures.
- Self and sex are gifts from God, and He gives us instructions on how we should view & use them.
- Because God made us & sex, there is meaning and purpose to them.

THE CHRISTIAN'S VIEW

- The Bible is God's revealed truth to us.
- In one sense, the Bible is like an instruction manual from Creator to creature on how we're designed & are to live.
- It offers the right instruction on how to view & use things like sex & puberty.
- In order to know how to live their best life, the life God intends for us to live, our kids need to know the Scriptures.

THE CHRISTIAN'S VIEW

“And these words that I command you today shall be on your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise. You shall bind them as a sign on your hand, and they shall be as frontlets between your eyes. You shall write them on the doorposts of your house and on your gates.” –Deut. 6:6-9

WHAT'S THE BIBLICAL WORLDVIEW ON PUBERTY?

- “When I was a child, I spoke like a child, I thought like a child, I reasoned like a child. When I became a man, I gave up childish ways.” 1 Corinthians 13:11
- “For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.” Ephesians 2:10

WHAT'S THE BIBLICAL WORLDVIEW ON PEER PRESSURE?

- “Let no one despise you for your youth, but set the believers an example in speech, in conduct, in love, in faith, in purity.” 1 Timothy 4:12
- “I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.” Romans 12:1-2

WHAT'S THE BIBLICAL WORLDVIEW ON...

Pornography	DON'T
Drugs	DON'T
Masturbation	DON'T
Dating	DON'T
Sex	DON'T
Homosexuality	DON'T
Sexting	DON'T

It's not good enough to just say “DON'T” – the Bible
also tells us ‘WHY’

THE CHRISTIAN'S VIEW

- It's important to not only talk negatively about sex & puberty.
 - While the Bible does prohibit the use of sex in the wrong way, it also speaks glowingly of the act when used according to God's plan.
 - Never forget that sex was created by God as a gift to his creation!
- Talk positively about sex when used in the context of marriage.

THE CHRISTIAN'S VIEW

“He disciplines us for our good, that we may share his holiness. For the moment all discipline seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it.” –Hebrews 12:10-11

“Therefore, preparing your minds for action, and being sober-minded, set your hope fully on the grace that will be brought to you at the revelation of Jesus Christ. As obedient children, do not be conformed to the passions of your former ignorance, but as he who called you is holy, you also be holy in all your conduct.” -1 Peter 1:13-15

HOW DO YOU FIND
WHAT THE BIBLICAL
WORLDVIEW IS?

- Google it!
- Here are some trusted websites that pop up often:
 - Openbible.info
 - Godquestions.org
 - Familylife.com

PASSPORT 2 PURITY

A RECOMMENDED RESOURCE

- In order to have ‘the talk’ with your child, we recommend using Passport 2 Purity.
- It provides good, solid, biblical materials to teach your child about sex & puberty.
- It turns an awkward conversation into a fun, memorable getaway.
- It will provide a solid base on which you and your child can actually use to grow closer together instead of further apart during their teenage years.

PASSPORT 2 PURITY

- Plan a fun, weekend getaway with your child.
- Spend time listening to the provided material, doing related activities, and discussing and connecting over the lessons.
- Spend time doing favorite activities together and sharing meals in between.

7 SESSIONS

- Disc 1 – Beginning the Journey
(why the getaway is important)
- Disc 2 – Running with the Herd
(friendships and peer pressure)
- Disc 3/4 – Ready for an Upgrade?
(bodily changes)
- Disc 5 – Destination: Le Pure
(setting boundaries)
- Disc 6 – Other Challenges
(porn, masturbation, homosexuality, experimentation, etc.)
- Disc 7 – Crossing the Date Line
(dating differently)



IF YOU'RE INTERESTED...

- Let me know, we have some materials at the church that you can use.

OTHER RESOURCES

OTHER RESOURCES

- While taking a whole weekend to connect over sex & puberty would be an excellent experience for you and your child, we understand that it's not feasible for everyone.

SO YOU'RE ABOUT TO BE A TEENAGER

- “Godly advice for preteens on friends, love, sex, faith, and other life issues.”
- 176 pages
- 2010 (a little outdated)
- Cover many good topics. Separate chapters on development for boys and girls. Missing a couple important things like pornography, sexting, etc.

IT'S GREAT TO BE A GIRL/GUY

- “God has a plan for you...and your body.”
- 120 pages
- 2016
- Focuses more on the body – what’s happening to it and what God intends for you to do with it. Has a solid theology of gender.

HOW YOU ARE CHANGING

- “A Guide for the Christian Family.”
- 68 pages
- 2015
- Good focus on God. Commentary on both sex and puberty. Looks like it’s missing some stuff: pornography, sexting, etc.

THE PURITY CODE: GOD'S PLAN FOR SEX AND YOUR BODY

- “Tackles the tough and sensitive issues of sexuality to prepare teens for their adolescent years, instilling godly values about sex, their body, and relationships.”
- 172 pages
- 2008 (a little outdated)
- Very thorough, but a little long. Covers tough questions and a wide variety of topics in a biblical manner.

MANY OTHER RESOURCES

- There are many more videos, podcasts, books, etc. out there, and if nothing presented so far seems to be for you, I would recommend seeking out your own materials.
- Remember to find Christian materials.
 - Also remember that some ‘Christian’ materials aren’t faithful to the Bible – if something sounds wrong, it probably is. Don’t be afraid to ask a pastor!

FOLLOW UP

FOLLOW UP

- ‘The Talk’ isn’t a one-and-done event.
- However you have the talk, it will be important to consistently follow up with it.
 - Let your child know that they can come to you with any questions.
 - Continue the conversation. Bring up reminders, comment on modesty, point out negative behavior in media (and always explain ‘why’ it’s bad)
 - Spend time together reading and discussing the Bible.
 - Have a weekly meeting over breakfast to talk about current issues in your child’s life.
 - Continue to pray for them and with them.

FOLLOW UP

Be present. Be intentional. Commit to assist your child during times of change.

WHAT ARE SOME
IDEAS YOU HAVE FOR
FOLLOWING UP WITH
YOUR CHILD?



QUESTIONS?
THOUGHTS?
COMMENTS?

